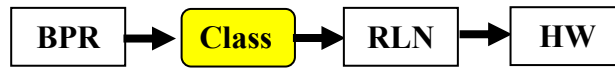




## BPR (Bullet Point Reading)



**BPR is:**

- ☑ BEST approach to learning
- ☑ Most EFFECTIVE note-taking technique
- ☑ Consistent with BRAIN functioning
- ☑ SIMPLE!

Goal of BPR: OUTLINE the assigned reading

BPR should be done: 1 to 7 days BEFORE class

Purpose of BPR: BEGIN to become familiar with the terms & concepts. NOT become an expert!

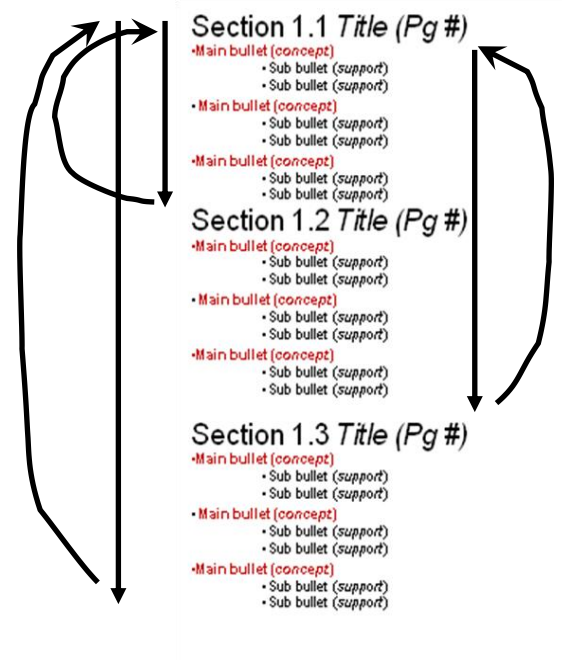
Key to BPR: DIRECTED READING, i.e. *what is important!*

Preparing to BPR:

1. **PREVIEW** (*scan*) what you are about to read.  
Look for clues:
  - ✓ **Titles:** *Chapter, Sections, Sub-sections*
  - ✓ **Objectives**
  - ✓ **Things to Know, Concepts, Highlights**
  - ✓ **Summaries:** *Section, Chapter*
2. Recognize **PREVIOUS** knowledge
3. **PREDICT** what you will learn from the reading

**BPR (this is it!): OUTLINE & REVIEW** one section at a time

1. Outline 1<sup>st</sup> section, then REVIEW outline
2. Outline 2<sup>nd</sup> section, then review 1<sup>st</sup> & 2<sup>nd</sup> outline
3. Outline 3<sup>rd</sup> section, then review 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> outline
4. Continue the process.



Each time you add a new section outline, review the outlines beginning with the 1<sup>st</sup> outline.

**Review, review, review!**

**BPR Tips**

- Got **QUESTIONS** while doing BPR? Write a list of questions to **ASK** in class
- Writing BP's is like "**TEXTING**" on a phone
- Use **SYMBOLS** – faster 4 brain!

**D.Y.K. – your brain processes symbols  
2/3's faster than words**

**Other Tips**

- Go to class! Sit **FRONT-CENTER** (*Learning T*)
- Review lecture notes immediately after class or as soon as possible that same day
- Start on HW the same day it is assigned and follow **20-MINUTE RULE**